

CANADA SOCCER PATHWAY

CANADA SOCCER PATHWAY IS A ROADMAP FOR PLAYERS OF ALL AGES WHO WANT TO PLAY SOCCER AT THE RECREATIONAL, COMPETITIVE OR EXCEL LEVELS. IT IS BUILT AROUND THE PRINCIPLES OF LONG-TERM PLAYER DEVELOPMENT AND ENCOURAGES LIFELONG PARTICIPATION.



LONG-TERM PLAYER DEVELOPMENT STAGES

LEVEL OF PLAY

	EXCEL
	COMPETITIVE
	RECREATIONAL

PHYSICAL LITERACY

- 1** Active Start AGE 4-6
- 2** FUNdamentals AGE 6-8 AGE 8-9
- 3** Learning to Train AGE 9-11 AGE 9-12

- 4** Training to Train AGE 11-15 AGE 12-16
- 5** Training to Compete AGE 15-19 AGE 18-20
- 6** Training to Win AGE 18+ AGE 19+
- 7** Active for Life ALL AGES



YOUR GOALS. OUR GAME.